

<u>Quilts of Valor Groups –</u> <u>Department of Virginia</u>

Common Threads of Louisa Louisa, VA 23093

DOVE Quilts of Valor Burke, VA 22015

Freedom Quilty Ladies Meadows of Dan, VA 24120

Glory Quilters Clarksville, VA 23927

Hands and Heart QOV Rustburg, VA 24588

Many Hands, One Heart Richmond, VA 23226

New River Valley QOV Quilters Blacksburg, VA 24060

Northern Neck Patriotic Piecers Reedville, VA 22539

NOVA Thimbles for Valor Woodbridge, VA 22913

Parnassus VA QOV Quilters Mt. Solon, VA 22843

Patriots Triangle QOV Williamsburg, VA 23188

Piecemakers of Virginia Hampton, VA 23666

Roanoke QOV Stitchers Wirtz, VA 24184

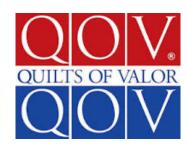
Sew Much Kindness King George, VA 22485

Shenandoah North Linden, VA 22642

Stafford Piecemaker Quilt Guild Stafford, VA 22554

Virginia Highlands QOV Quilters North Tazwell, VA 24630

QUILTS OF VALOR FACT SHEET



The purpose of Quilts of Valor is to honor and provide comfort to service members and veterans who have been touched by war. These individually awarded quilts are a tangible token of appreciation that says, "Thank you for your service, sacrifice and valor". The quilts are meant to offer healing, peace, and comfort, helping to combat the struggles some service members face, sometimes referred to as "war demons".

- **To honor service:** The foundation's primary mission is to recognize the service of all those who have served in the U.S. military, providing them with a comforting and healing gift.
- To provide comfort and healing: A quilt is more than just a blanket; it represents hope, warmth, comfort, and peace. The act of receiving and wrapping oneself in the quilt is meant to provide comfort and a sense of being wrapped in the arms of those who care.
- To serve as a civilian award: Quilts of Valor are considered a civilian equivalent of a military award, signifying recognition for valor and sacrifice. They are presented individually, not passed out as gifts.
- To represent community support: The three layers of the quilt symbolize the support network of the recipient: the top represents the communities and individuals who made it, the batting is the warmth and hope of the quilters, and the backing represents the strength of the recipient, their family, and the nation.

How to get involved:

- Find a QOV group in your area there is at least one in almost every District in the Department of Virginia.
- Make a quilt see website for guidelines on sizes and finishing and recommendations on patterns and colors
- Make a quilt block The quilt block pattern of the year is "Log Cabin." Additional block patterns are also available on the website.
- Make a presentation bag or pillowcase
- Join the "LongArmy!" This group donates their time to QOV groups and individuals that don't have access to a longarming machine services. Open to any longarm and machine quilter.
- Participate in the "Under Our Wings" program This program is designed to include youth and adult community service organizations that desire to do a community service project.

Find a group near you – <u>www.qovf.org/about-qovf/whos-in-my-area/</u>

State Contact – Kim Payne – Kim.Payne@qovf.org

www.qovf.org